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TSX-V: ATC

**ATAC RESOURCES LTD. ANNOUNCES GRANTING OF INCENTIVE STOCK
OPTIONS**

October 22, 2007 – ATAC Resources Ltd. (TSX-V: ATC) (the “Company”) announces that it has granted incentive stock options to various directors, officers, employees and consultants under its Incentive Stock Option Plan, entitling them to purchase up to a total of 1,225,000 common shares of the Company at a price of \$0.41 per share for a period of 5 years – these options will vest on a quarterly basis over a period of 18 months.

For further information concerning ATAC Resources Ltd. or its various exploration projects please visit ATAC’s website at www.atacresources.com or contact:

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ATAC RESOURCES LTD.

Per: Robert C. Carne, President

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT
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