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TSX-V: ATC

**ATAC RESOURCES LTD. DRAMATICALLY INCREASES ITS LAND POSITION AT
ITS RAU GOLD PROJECT IN YUKON**

March 8, 2010 – ATAC Resources Ltd. (TSX-V:ATC) is pleased to announce that it has staked an additional 3,305 claims at its wholly-owned Rau Gold Project, which is located in the Keno Hill district of central Yukon Territory.

The Rau Gold Project contains the Tiger Zone, a sediment-hosted Nevada-style oxide and sulphide gold zone with high-grade intersections. In addition to the Tiger Zone, which has been tested with 12,200 metres of diamond drilling in 2008 and 2009, the property contains twelve other geochemical anomalies or float occurrences of gold mineralization that are expected to be drilled in 2010.

The new staking more than doubles the size of ATAC's claim holdings in the Rau Gold Project, bringing the total to 6,462 claims. The project now covers approximately 1,310 sq/km including the main claim block and two satellite properties. The new claims were staked to cover projections of favourable structural and stratigraphic settings both to the west and east of the Tiger Zone. The expanded claim holding now provides continuous coverage of a 160 km long belt of Paleozoic carbonate rocks situated between the Dawson and Kathleen Lake Faults. This setting is remarkably similar to the geology of the Carlin Trend in Nevada. An updated claim map can be viewed on the Company's current corporate presentation at www.atacresources.com.

With this extension, the highly prospective Sten Target, 96 km to the east of the Tiger Zone, is linked to the main land holding. The Sten Target was discovered in 2009 by following up strongly anomalous reconnaissance-scale arsenic stream sediment geochemical results. Subsequent sampling and mapping have defined a 2 km long belt containing high gold-in-silt values ranging from 0.1 to 2 g/t within a stratigraphic and structural setting similar to the Tiger Zone. The newly staked band of favourable carbonate stratigraphy between the Tiger Zone and the Sten Target will be explored in 2010.

“The extent and style of gold mineralization at the Rau Gold Project and the well defined structural setting compelled ATAC to secure a stronger land position” states Graham Downs, ATAC's CEO. “The Company believes that it has identified a significant new gold district and looks forward to this year's aggressive exploration program on its existing and newly staked land packages. Crews will be mobilized to the property in April.”

ATAC is exhibiting at the Prospectors and Developer's Association of Canada (PDAC) annual convention in Toronto, March 7 - 10, 2010 at booth 2346.

The technical information in this news release has been reviewed by Robert C. Carne, M.Sc., P.Geo., a qualified person for the purposes of National Instrument 43-101. ATAC is a well funded junior mining company focused on its 100% owned Rau Gold Project. The Rau Gold Project hosts Nevada-style gold mineralization previously unseen in Yukon. For additional information concerning ATAC Resources Ltd., please visit ATAC's website at www.atacresources.com.

On behalf of the board,

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