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TSX-V: ATC

ATAC OPTIONS WINDY PROPERTY IN NORTHERN BRITISH COLUMBIA

August 16, 2007 – ATAC Resources Ltd. (TSX-V:ATC) (“ATAC”) announces that it has optioned a gold prospect in northwestern British Columbia near the Yukon border from an arm’s-length group. Pursuant to the terms of the option, ATAC can earn a 100% interest in the property, subject to a two percent net smelter return royalty (one percent of which can be purchased at any time for \$1,000,000), by making cash payments totalling \$65,000 and issuing a total of 90,000 common shares over the period ending November 1, 2011.

For additional information concerning ATAC Resources Ltd. or its various exploration projects please visit our website at www.atacresources.com or contact:

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ATAC RESOURCES LTD.

Per: Robert C. Carne, President

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT
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